



University of Cassino and Southern Lazio
Department of Economics and Law

International Bachelor Degree in:

- Economia e Commercio – curriculum Economics and Business

International Master Programs in:

- Global Economy and Business
- Economics and Entrepreneurship

Trainee's Report Form

At the end of their traineeship experience, students who are going to ask credits' recognition within the study plan must answer this questionnaire and present it together with the report on.

Teachers of the program will share the information collected by the questionnaire and will use them to improve traineeship experiences for future students.

We ask you to answer carefully: future students could benefit from your answers and decide to choose or not choose the same company for their traineeship.

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1 Identification of the Participant and General Information

1.1 First and last name

1.2 Email address, where you can be contacted in the future:

1.3 Name of the Company/organization:

1.4 Sector of activity

1.4 Where was the company located?

- ☐ In Italy (specify the region): _____
- ☐ Abroad (specify the country): _____

2 Quality of the Traineeship

2.1 Do you think that your tasks during the traineeship were helpful to enrich your professional profile?

- ☐ Yes ☐ Only partially ☐ No

2.1.1 If you answered No to the previous question, can you explain why please?

[Digitare qui]



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2.2 What were the criteria for you to choose your receiving enterprise/organization?

	Most important	Important	Less important	Not important
Traineeship offer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Interest in the area of work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reputation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Facilities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Feedback from other students	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Language	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Country	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
City, social life and culture	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ease to find	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

3 Foreign Language Skills

3.1 What was the main language used during your mobility activity?

3.2 Do you feel you have improved your skills in this language during your stay abroad?

- ☐ Yes
 ☐ No, I was already fluent
 ☐ No

3.3 While staying abroad, did you improve your competence in other languages besides English and your mother tongue?

- ☐ Yes
 ☐ No



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4 Personal Development

4.1 Through my experience, I learned better how to...

	Strongly disagree	Rather disagree	Rather agree	Strongly agree
Think logically and draw conclusions (analytical skills)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Find solutions in difficult or challenging contexts (problem solving skills)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Plan and carry out my learning independently	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Use the internet, social media and PCs, e.g. for my studies, work and personal activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Develop an idea and put it into practice	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
See the value of different cultures	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cooperate in teams	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Plan and organize tasks and activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Express myself creatively	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

4.2 After having taken part in this mobility activity...

	Strongly disagree	Rather disagree	Rather agree	Strongly agree
I am more confident and convinced of my abilities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I know better my strengths and weaknesses	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am more able to adapt to and act in new situations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am more able to think and analyze information critically	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am more tolerant towards other persons' values and behavior	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am more open-minded and curious about new challenges	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am more able to reach decisions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



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5 Future Prospects of Education, Training and Work

5.1 Thanks to this experience ...

	Strongly disagree	Rather disagree	Rather agree	Strongly agree
I believe that my chances to get a new or better job have increased	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I have a clearer idea about my professional career aspirations and goals	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I have better opportunities for student jobs in my home country	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am better capable of taking over work tasks with high responsibility	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

6 Practical and Organizational Arrangements

6.1 How satisfied were you with the following aspects?

	Very unsatisfied	Rather unsatisfied	Rather satisfied	Very satisfied
Supervisor(s)				
Mentoring and support arrangements provided by the receiving enterprise/organization	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The mentor for your support, (if you had it, different from the supervisor)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The way the receiving enterprise/organization dealt with any questions, complaints or problems that may have come up during your traineeship	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The guidance you received from the receiving enterprise/organization on how to find an accommodation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Colleagues	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



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7 Accommodation and Infrastructure

7.1 How satisfied were you with the following aspects?

	Very unsatisfied	Rather unsatisfied	Rather satisfied	Very satisfied
Work place	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Company canteen (if available)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Accommodation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Public transportation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Health assistance (if experienced)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Job security	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Safety of the area	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sport facilities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Entertainment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other (specify):	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

8 Overall Satisfaction

8.1 How satisfied are you with your traineeship experience in general?

	Very unsatisfied	Rather unsatisfied	Rather satisfied	Very satisfied
Overall satisfaction	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

8.2 If you had the opportunity, would you work for this receiving enterprise/organization?

☐ Yes
 ☐ Not sure
 ☐ No

9 Conclusions, Comments and Recommendations

9.1 If you wish, please give any additional information, observations, comments or recommendations that may be useful for students looking for a traineeship as well as in view of improving the traineeship experience for future GLEB students.



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