What is Erasmus +?

It’s a European Union project that allows students enrolled at European universities to study at universities of other EU countries or partners for a period ranging from 3 to 12 months.

It was launched in 1987 and therefore has recently reached its first thirty years of life!

Its name stands for European Region Action Scheme for the Mobility of University Students and refers to the Dutch philosopher and theologian Erasmus of Rotterdam, who lived between the end of the fifteenth and the beginning of the sixteen century and is famous for travelling all around Europe to study humans and cultures.
Why take part in Erasmus?

To acquire a different method of study and deal with students who have dealt with your same subjects in a different way!

To learn a foreign language and master it both written and spoken!

To know other cultures, customs and traditions ... This is the first step to open our mind and learn that our way of life is not the only one!

To become a citizen of modern society, globalized and in continuous and relentless connection!

To improve your Curriculum Vitae ... experiences abroad are always a plus when applying for a job as they are seen as a guarantee of a greater dynamism and versatility!

Personal growth ... Erasmus can be a good chance to put yourself to the test: going to live alone, and doing it abroad, helps you become more independent, take responsibility and learn how to solve problems on your own!
Mobility of students participating in Erasmus+ 2019-2020

The first 5 countries chosen by the Italians

SCPAIN 11.649
FRANCE 4.462
GERMANY 4.308
UNITED KINGDOM 3.082
PORTUGAL 2.226

74,000 Total number of departing and arriving Italian students

Fonte Agenzia Nazionale Erasmus + INDIRE 2019
IDENTIKIT OF THE ITALIAN STUDENT IN ERAMSUS

Student on mobility for studying

- Average mobility duration: 6 months
- Women: 60%
- Men: 40%
- Age: 23 years old

Student on mobility for internship

- Average mobility duration: 3 months
- Women: 63%
- Men: 37%
- Age: 25 years old
Will Erasmus improve my personal growth?

Soft skills make the difference!

The Erasmus students feel stronger:

- in digital skills (51%) and entrepreneurial skills (69%),
- in problem solving (76%),
- in the development of critical thinking (79%),
- in knowledge of foreign languages (88%),
- in interpersonal skills, spirit of adaptation and knowledge of other countries (91%).
Will taking part in Erasmus help me find a job?

Figures emerging from the most recent monitoring study on the effectiveness of Erasmus+ show that 72% of graduates who have benefited from the Erasmus experience say they feel facilitated in finding a job. 79% of them have a job within 3 months of finishing their studies (compared to 75% who did not participate). A further 10% take up to 6 months. *(Research by the Erasmus+ Indire National Agency).*

Ex-Erasmus students earn on average more than their non-Erasmus peers, with a difference of up to €1,200 per month. *(Research of the University of Linz).*
Why do companies prefer a candidate who has participated in the Erasmus programme?

78% of HR managers said that, given the same qualifications and merits, the candidate who has completed a mobility period during his/her studies is preferred (European Commission Research).

• Knowledge of several languages is essential especially in large companies, which work with suppliers and clients all over the world;
• open-mindedness is fundamental for good problem solving, as well as the ability to face new situations with an optimistic and proactive spirit.
Call for Erasmus + Student Mobility for Studies in the academic year 2020-2021
The University of Cassino and Southern Lazio provides 240 monthly payments to Department of Economics and Law students enrolled on three-year degree courses, master's and single-cycle master's degree, and 10 for Ph.D students, for a period of study at European universities with which UNICAS stipulated specific bilateral agreements, under the Erasmus + Program.
What are the benefits for an Erasmus student?

• guarantee of validation of the period spent studying at the host university by transferring the credits according to the student's learning agreement;

• insurance coverage for any accidents at the host university;

• access to all the services offered by the host university to its students;

• the dispensation from the payment of university fees at the host university;

• a possible financial contribution may be required for insurance costs, registration with student associations and the use of various materials or equipment.
What countries can I go to?

- **27 Member states of the European Union**: Austria, Belgium, Bulgaria, Cyprus, Croatia, Denmark, Estonia, Finland, France, Germany, Greece, Ireland, Latvia, Lithuania, Luxembourg, Malta, Netherlands, Poland, Portugal, United Kingdom, Czech Republic, Romania, Slovakia, Slovenia, Spain, Sweden and Hungary;

- **6 countries outside the European Union participating in the program**: North Macedonia, Iceland, Liechtenstein, Norway, Turkey and Serbia.

Attention!!!! The mobility to the UK is subject to Brexit developments, so it may not be available.
Is there any financial contribution?

- A student can receive a financial contribution or benefit only from the Erasmus status (suitable without scholarship).
- Financial contribution is provided to partially and not fully support the expenses related to the permanence abroad.
How much is the financial contribution?

The financial contribution consists of several parts:

1. **Contribution from the European Union (EU):** calculated on the cost of living in the country of destination and the days of the actual permanence abroad.

<table>
<thead>
<tr>
<th>Destination country</th>
<th>EU Contribution</th>
</tr>
</thead>
<tbody>
<tr>
<td>Denmark, Finland, Iceland, Ireland, Luxembourg, Sweden, United Kingdom, Lichtenstein, Norway</td>
<td>€300/30 days</td>
</tr>
<tr>
<td>Austria, Belgium, Germany, France, Greece, Spain, Cyprus, Holland, Malta, Portugal</td>
<td>€250/30 days</td>
</tr>
<tr>
<td>Bulgaria, Croatia, Czech Republic, Estonia, Latvia, Lithuania, Hungary, Poland, Romania, Slovakia, Slovenia, North Macedonia, Turkey, Serbia</td>
<td>€250/30 days</td>
</tr>
</tbody>
</table>
How much is the financial contribution?

2. **Contribution from the Ministry of Education, Universities and Research** (MIUR Youth Fund) calculated on the period of the actual permanence abroad and the **ISEE (Indicator of the economic situation)** for the right to university education (2020). The additional contribution can only be paid to students who are not enrolled in subsequent years to the 1st out of course and who have acquired and subsequently recognized at least **10 CFU** per semester in the training activities plan.

<table>
<thead>
<tr>
<th>Beneficiary ISEE</th>
<th>MIUR contribution for 30 days</th>
</tr>
</thead>
<tbody>
<tr>
<td>ISEE &lt;=21000</td>
<td>550,00</td>
</tr>
<tr>
<td>21000&lt;ISEE&lt;=30000</td>
<td>450,00</td>
</tr>
<tr>
<td>30000&lt;ISEE&lt;=40000</td>
<td>200,00</td>
</tr>
<tr>
<td>40000&lt;ISEE&lt;=50000</td>
<td>150,00</td>
</tr>
<tr>
<td>ISEE&gt;50000</td>
<td>0</td>
</tr>
</tbody>
</table>
Is there any support for students with disabilities and/or special needs?

The National Agency Indire Erasmus+ provides funds to support students with disabilities and/or special needs.

Students have to specify their disability/special need both at the application stage and at the acceptance stage if selected.
How long is the permanence abroad?

The duration must be between 3 (90 actual days) and 6 months (180 days) and can be extended up to a maximum of 12 months upon motivated and duly authorized request, subject to financial availability.

The mobility period must in any case be between the 1st of June 2020 (the date may be extended by national provisions) and the 30th of September 2021.
What happens if I don’t stay until the end of my permanence or I don’t pass my exams?

Students who leave the program within three months or do not pass any formative activity will be required to return the full amount of the European Union contribution received.

Those who will move only to prepare the final project will be required to submit a document proving the work they carried out.
Students applying for the Erasmus + have to:

- **be enrolled at the University of Cassino and Southern Lazio** for the current academic year.

_Students with citizenship from one of the countries participating in the Erasmus + program are eligible to study at a university in their country of origin only if they are residents in Italy._

- **renew the enrolment for the academic year 2020-2021** by the set deadlines, with the exception of students applying for a degree in the extraordinary session of the academic year 2019-2020.
Can I take part if I have to graduate in the academic year 2019-2020?

Students enrolled in a three-year degree course who, at the time of application, plan to graduate in the academic year 2019-2020 must be enrolled, before departure, in a second level course of study (master's degree) in the academic year 2020-2021. Students will therefore be able to take advantage of the period of study abroad only after the actual achievement of the degree and the formalization of the enrolment in the Master's degree course.

The achievement of the degree interrupts the Erasmus status! Students in mobility will not be able to obtain the final degree before the end of the study period abroad and after the recognition of the activity carried out. Students who fail to graduate within the extraordinary session of the academic year 2019-2020 must renew their enrolment for the academic year 2020-2021.
What are the reasons for not being accepted?

Students cannot be accepted if:

• they have received student grants for mobility periods for a total of 12 months at most for each study cycle (12 months during the three-year course, 12 months during master’s degree, 24 during the one-cycle master's degree, 12 months during the Ph.D.), regardless of the number and type of mobility activities;

• they benefit from another type of community grant allocated to spend a period of mobility abroad in the same period in which they receive funding for the Erasmus + program;

• they apply for the country of the sending organization or the country of residence.
Is it required to know the host country language?

Applicants for Erasmus + need to have a minimum linguistic competence at A1 level of the Common European Framework of Reference for Languages.

Students have to check the linguistic requirements and levels required by the university where they are applying to carry out their Erasmus activities.

The student is required to obtain any international linguistic certificates requested by the host university within the deadlines set by the university itself.

At the time of submission of the application, the applicant can self-certify that he/she possesses the linguistic competence required for access to the partner university.
How can I test/improve my language skills?

The European Commission offers online linguistic support (Online Linguistic Support - OLS) to check a language knowledge level of Erasmus students before and after mobility (http://erasmusplusols.eu/).

This platform includes:
1) an initial assessment of the linguistic competence of the student through an entrance test;
2) the possibility to follow an online language course to be held also during the mobility period;
3) language assessment at the end of the mobility period to monitor the results achieved.

The Erasmus Office of the International Relations Centre will assign the OLS licenses and set deadlines by which it will be possible to take the tests.
Applicants are requested to complete the application form including information on the reasons for applying for Erasmus mobility, in accordance with the scheme set out in the application form.

IMPORTANT!!!

Don't forget to tell us your reasons
Are there minimum requirements to be accepted?

Candidates for the 2020-2021 Erasmus + are required to have a minimum credit threshold at the time the application is submitted:

<table>
<thead>
<tr>
<th>Enrolled on the first year of a degree course, master's degree or single-cycle master's degree</th>
<th>Credits obtained</th>
</tr>
</thead>
<tbody>
<tr>
<td>Enrolled for the years following the first one (L14, Lmg/01)</td>
<td>40</td>
</tr>
<tr>
<td>Enrolled for the years following the first (other courses of study)</td>
<td>60</td>
</tr>
</tbody>
</table>
**What are the selection criteria?**

Candidates are assessed on the basis of their academic background, language skills and motivation for mobility as presented in the application form.

Language competence is assessed on the basis of qualifications. For this purpose, candidates may state in the application form:

- the passing of an examination in the language required for the exchange post;
- that they have passed at least one exam in the language required for the exchange post;
- enrolment in courses of study entirely taught in English (for English-speaking destinations).

Candidates may also enclose with their application documentation proving that they are in possession of:
- a language certificate issued by competent bodies (official certifying bodies https://www.miur.gov.iUenti-certificatori-lingue-straniere) - certificates obtained as of 1 January 2017 are considered valid.
Can I choose the destination?

At the time of submitting the application you can choose up to 4 destinations, preferably among those listed in Annex 1 of the Call.

The candidate will choose the destination based on the closeness of the ISCED code (area of study) of the site to the course of study they are enrolled on and their language skills.
The application must be submitted by email to t.patriarca@unicas.it using the form in Annex 2, available on the University's website at http://www.unicas.it/internazionalizzazione/opportunit%C3%A0-allestero/bandi-per-la-mobilit%C3%A0-/bando-per-la-mobilit%C3%A0degli-studenti-ai-fini-distudio.aspx.

The following documents must be attached to the application form, under penalty of exclusion from the selection process:

a) photocopy of a valid identity document;
b) photocopy of the health card;
c) Gomp certification of the total number of CFU acquired.

For the evaluation and for the additional MIUR contribution, the following documents may be attached to the application form:
(d) Certificate of language skills;
(e) ISEE.
What is the deadline for submitting the application form?

The application must be sent no later than 16th April 2020 at 12:00 p.m.

If you do not have the ISEE 2020 certificate at the time of submission of the application, you can submit it, as a supplement to the application, by 30th June 2020. The absence of the above mentioned documentation does not give the right to the MIUR contribution.
How will the mobility be assigned?

The Erasmus Office of the International Relations Centre will allocate the mobilities in the following proportions: 40% to students enrolled on three-year degree courses, 60% to students enrolled on master's degree courses (including one-cycle master's degree). In case of a tied score, monthly salaries are awarded giving priority to the youngest student.

The Erasmus Office of the International Relations Centre, choosing from the appropriate rankings established by the Commission, will prioritise allocation of monthly payments according to the following order:

1) students on mobility with the aim of obtaining a double/joint degree contemplated by a specific agreement with the partner University;
2) students who carry out international mobility for the first time.
More info: Erasmus Office - International Relations Centre - University of Cassino and Southern Lazio - t.patriarca@unicas.it