



UNICAS for Sustainability - GOOD PRACTICES in the office and beyond...

1. 🍷 Energy Saving ☒ Favor natural light, turn off lights when not necessary (e.g. turn off light in bathrooms) ☒ Turn off PC-electronic devices when not in use and during we ☒ Set power saving mode on PC-electronic devices ☒ Close windows when the heating or air conditioner is running	2. ♻️ Waste Reduction and Recycling ☒ Print only when necessary, use recycled paper and reuse single-sided printed sheets ☒ Prefer eco-friendly refillable cartridges and toners ☒ Perform waste separation for separate collection ☒ Do not use single-use plastic, on the contrary use reusable water bottles and cups, etc.
3. 🚲 Sustainable mobility ☒ Prefer carpooling and public transport, for long journeys ☒ Prefer the use of bicycles and walks for short journeys ☒ Organize online meetings to avoid unnecessary travel	4. 🛒 Green Purchases ☒ Choose local and eco-friendly suppliers (e.g. buy FSC paper) ☒ Prefer to buy products made from recycled materials ☒ Purchase energy-efficient electrical and electronic equipment
5. 💻 Digitization ☒ Use digital and cloud archives ☒ Use online forms, e-mail, and digital signatures ☒ Optimize the use of e-mail (do not attach useless large files, do not reply only for thanks, favor shared documents)	6. 🌿 Well-being and Organization ☒ Decorate with indoor plants to help maintain healthy air ☒ Always seek a healthy work-life balance to reduce stress ☒ Promote a climate of harmony, dialogue, collaboration and support



UNICAS–EUT+ WATER BOTTLE

Eco-friendly – Special Edition

The bottle is made of RCS-certified recycled aluminium with an elegant bamboo lid.

This lightweight, single-wall bottle features a handy strap that makes it easy to carry.

The bamboo comes from sustainable sources, responsible from both an environmental and social point of view.

Capacity: 500 ml. Hand-wash only.

Recycled aluminium, recycled PP plastic.

FSC 100% NS CU-COC-877277

