



Department of Human, Social and Health Sciences



UNIVERSITÀ DEGLI STUDI
DI CASSINO E DEL
LAZIO MERIDIONALE

www.unicas.it/dsuss/



Introduction

The Department of Human, Social and Health Sciences (DiSUSS) is an open and inclusive environment where scientific research seamlessly integrates with teaching, fostering a dynamic dialogue across diverse cultures, disciplines, and perspectives.

Defined by a strong interdisciplinary focus, DiSUSS brings together experts from sociology, psychology, pedagogy, the humanities, biomedical fields, and sports sciences, who collaborate daily through integrated approaches and critical thinking. We view the university not merely as a centre for passing on knowledge, but as an essential space for reflection—equipping students to interpret and navigate the complex transformations of today's society.

Our continuously updated degree programs combine rigorous theoretical foundations with practical and transferable skills, preparing highly qualified professionals for both national and international job market. Ultimately, a hallmark of our Department is the exceptional quality of human connections: a culture of open, ongoing dialogue between faculty and students that creates a supportive environment for genuine personal and intellectual growth.







The Department at a glance

41

PROFESSORS AND
RESEARCHERS

8

TECHNICAL AND
ADMINISTRATIVE
STAFF MEMBERS

1

FIXED-TERM
ASSISTANT
PROFESSOR (RTDA)

2

TENURE-TRACK
ASSISTANT
PROFESSORS (RTT)

2490

STUDENTS,
INCLUDING

337

INTERNATIONAL
STUDENTS

16

PHD STUDENTS

8

POSTDOCTORAL
RESEARCH FELLOWS

Faculty & Staff

Full Professors

BARONTI MARCHIO'	Roberto
CAPELLI	Giovanni
CORTIS	Cristina
DE VITO	Elisabetta
ESPOSITO	Maurizio
FUKSAS	Anatole Pierre
GOMEZ PALOMA	Filippo
MANDOLESI	Laura
MISITI	Francesco
TOMAIUOLO	Saverio

Associate Professors

ALVITI	Roberta
ARDUINI	Giovanni
AULISA	Angelo Gabriele
CALABRO'	Giovanna Elisa
CICCODICOLA	Floriana
D'ATENA	Alessandra
DIGENNARO	Simone
DIOTAIUTI	Pierluigi
FANTAPPIE'	Irene
FEDERICO	Bruno
FINOCCHI	Riccardo
GAMBERINI	Roberto
MAGNANI	Ilaria
MARTINELLO	Katiuscia
MEGLIO	Lucio
PIZZI	Fabrizio
RASKINA	Raissa
RODIO	Angelo
SANNELLA	Alessandra
SCAFARTO	Vincenzo
SPINA	Claudia
TINABURRI	Rosella

Permanent Researchers

ANASTASI	Daniela
FALESE	Lavinia
FERRARA	Maria
MALININ	Natalie
VECCHIO	Gianfrancesco
ZANON	Alessandra

Tenure-Track Researchers

ANTONIUCCI	Chiara
VACCA	Mariacarolina

Fixed-Term Researchers

IANNACCONE	Alice
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Research

The Department's continuous growth is demonstrated by the numerous projects in which it is involved and its increasing ability to attract research funding. The quality of its scientific output is closely linked to the Department's interaction with Italian and international research institutions, both within and outside Europe.

The ten laboratories of DiSUSS are facilities designed to develop research projects and provide services for the cultural and scientific growth of the Department as a whole. They contribute to "cultural cross-pollination" across the Department's various areas of interest, helping to build a network of contacts with public and private institutions and the local community through agreements, memorandums, and consulting or third-party services.

Key figure: In 2024–2025, a total of 353 research outputs were produced.

Laboratories

Human Performance Lab (HPL)

The Human Performance Lab focuses on the functional assessment of individuals, analysing movement and motor performance in both sports and clinical contexts through advanced technologies and multidisciplinary approaches. Activities include internal and external load monitoring during physical exercise in indoor and outdoor environments, biomechanical analysis of motor performance, evaluation of balance and postural control, and the study of psychological and behavioural determinants related to physical activity. These are conducted using wearable sensors, neuromuscular testing, and dedicated software, aiming to promote health, enhance performance, and support targeted interventions for every individual profile.

Part of the research focuses on the functional study of nervous system cells and their role in neurological diseases, exploring the potential to modulate this function for the development of personalised therapies, in collaboration with the Experimental Epilepsy Lab at IRCCS Neuromed.

V.A.L.U.E. Lab

The V.A.L.U.E. Lab (Value in healthcare and for society, Assessment of health needs and technology, Literacy, Universal health coverage, Engagement of public and health professionals) carries out research, training, and scientific consulting in public health. It focuses on disease prevention (chronic and infectious), value-based health and social care, Health Technology Assessment (HTA), analysis of population health needs, and healthcare inequalities. Additionally, it conducts health education and promotion activities to raise awareness and engage the general population, students, and healthcare professionals in a shared wellness journey aimed at improving quality of life. Finally, it includes the Epidemiology Section, which conducts research, training, and consulting for epidemiological study design and data analysis; and the Hygiene Laboratory, which offers research, training, and consulting in water and food microbiology as well as indoor environmental well-being.

Laboratories

Behavioural Sciences Lab for Psycho-Educational Research

The Laboratory promotes scientific inquiry and educational innovation, studying paradigm shifts to transform practices within educational and training systems.

In the psychological field, the facility analyses areas such as personality, metacognition, behavioural ethics, critical thinking, and the prevention of psychological distress and addiction. It also responds to the challenges of contemporary society by investigating the impact of cultural changes, new lifestyles, and intercultural dynamics.

Through field research, testing, and focus groups, the Lab develops new teaching and support methodologies. It works in close synergy with local entities, schools, and regional institutions, organising professional development and advanced training programs for teachers and professionals. Research findings are continuously disseminated through journals, working papers, and book series published by the centre.

Finally, the Laboratory provides concrete support to the academic community: through its help-desk and counselling service, it ensures an essential space for listening and psychological support for students and families.

Educational, Didactic and Inclusion Research Lab (L.A.R.E.D.I.)

The Laboratory serves as a point of reference in educational sciences, promoting national and international research both independently and in synergy with related institutions. Its scientific scope encompasses experimental and special pedagogy, general didactics, educational system evaluation, and intercultural education. Special attention is devoted to the dynamics of school and social inclusion, tackling school dropout, disability support, equal opportunities, and contexts of disadvantage or delinquency.

Beyond research activities, the centre collects, organises, and disseminates specialised documentation, also through dedicated observatories. In terms of local impact, it provides scientific support services, educational technologies, as well as counselling, guidance, and academic re-direction pathways. Finally, to encourage widespread knowledge sharing and stimulate public debate on educational themes, the Laboratory designs and organises scientific dissemination initiatives, public events, and outreach activities in collaboration with sector organisations and partners.

Laboratories

Technology, Narrative and Language Analysis (TECNAL)

The TECNAL laboratory is dedicated to research in foreign and comparative literatures, exploring the relationships between writing, contemporary society, and technological innovation. Its work focuses on analysing hybrid languages and non-fiction, travel literature, Romanticism, and the dialogue between high and popular culture. The centre explores the multidisciplinary dimension and expressive cross-pollination of the printed page, studying literature's interaction with cinema, theatre, visual arts, graphics, and illustration, alongside the mechanisms of publishing and the book market. A fundamental pillar of TECNAL is Translation Studies, understood as a complex process of transforming and recoding texts across different languages. In addition to the annual publication of the peer-reviewed journal *trame di letteratura comparata* and the production of critical studies, the laboratory actively enlivens cultural life by organising seminars, conferences, exhibitions, and masterclasses, serving as a dynamic space for exchange, semiotic analysis, and experimentation with contemporary storytelling formats.

Laboratory for the Study of Ancient Books (LIBANT)

The Laboratory represents the operational hub for scientific research on book materials and manuscript evidence from Antiquity to Humanism. Its activities adopt a rigorous multidisciplinary approach combining textual criticism and philological analysis with the study of the material, palaeographic, and codicological aspects of the book artifact - conceived as a fundamental cultural object and a living expression of the historical and social context that produced it. Through this solid methodological framework, the centre provides researchers with essential documentary support to investigate the textual transmission history, graphic features, writing supports, manufacturing techniques, and decorative apparatuses of Greek and Latin classical texts. A primary focus of the Laboratory is the study and enhancement of the manuscript heritage preserved at the Benedictine Abbey of Montecassino, one of the most prestigious centres of book production and preservation in the medieval Western world.

Laboratories

Social Research Lab (LARS)

Founded in March 2010 following the legacy of Francesco Battisti and his first group of students, LARS is an open hub for dialogue among scholars, professionals, and students. LARS promotes international intensive courses, Erasmus+ mobility agreements, and strategic partnerships with public entities and the third sector. It is an active centre for national and international research focused on the sociology of health, social inequalities, youth mobility, prison conditions, care for dependent older adults, caregivers, and the relationship between physical activity and health. Integrated into prominent scientific networks, it participates in competitive projects and contributes to the dissemination of scientific knowledge by offering its researchers a pool of peer reviewers and members for the editorial boards of prestigious Class A journals and book series. Through this rich variety of activities and global connections, LARS stands out as a dynamic centre for the analysis of contemporary society and methodological innovation.

Sustainable Living Concept Xlab (Xlab)

Xlab is a transdisciplinary research laboratory dedicated to promoting sustainable lifestyle models, in line with the guidelines of the Italian National Recovery and Resilience Plan (PNRR) and the National Research Program (PNR 2021–2027). Grounded in the One Health paradigm and the “Do No Significant Harm” principle, Xlab operates as an open, interdisciplinary facility designed to address ecological, socio-cultural, and economic transitions, identifying the transferability of scientific research as the main driver of local development.

Its mission focuses on the integrated analysis of the human-environment relationship to establish innovative models that protect bio-psycho-social well-being, health, and social justice. The laboratory designs strategies aimed at encouraging virtuous behaviours and active mobility, in line with the UN 2030 Agenda. To this end, Xlab develops and applies advanced ICT solutions—including artificial intelligence, virtual reality, robotics, wearable devices, and m-health—dedicated to health monitoring, with the goal of guiding a responsible and efficient use of local resources.

Laboratories

Laboratory of Anthropology, Pedagogy and Sports Activities (L.A.P.A.SS.)

The Laboratory structures its activities into several specialised sections, ranging from Social Anthropology ("E. de Martino") to Social and Intercultural Pedagogy, including Philosophy for Children/Community, as well as Observatories dedicated to the Family and to Historical Memory, Peoples' Rights, and Sustainable Development ("MInDS"). Through this rich organisation, the Laboratory promotes interdisciplinary field research and lifelong learning initiatives related to memory, territory, interculturality, and the right to health. LAPASS works in close synergy with the international academic community, participating in research projects funded through competitive calls and publishing in prominent journals. On a local and social level, the facility signs memorandums of understanding with public bodies and third-sector organisations, organises seminars, conferences, and scientific events, and builds educational support networks. Finally, it provides concrete support for teaching activities by offering thematic digital bibliographies as well as dedicated orientation and tutoring services for students and thesis candidates.

Education: Learning, Inclusion, Technology, Embodiment Lab (ELITE)

The ELITE Laboratory stands as a distinctly interdisciplinary cultural and scientific initiative aimed at exploring and integrating educational principles and models with modern technological innovations and the paradigms of inclusion and embodiment. The laboratory serves as a space for advanced research and experimentation where learning is analysed across its bodily, cognitive, and relational dimensions, highlighting the potential of emerging technologies as key tools for accessibility and personalised learning pathways. Through a continuous dialogue between pedagogical theories and practical applications, ELITE promotes research projects, training pathways, and collaborations with schools and regional institutions, guiding the transformation of teaching methodologies. The primary goal of the laboratory is to develop truly inclusive learning environments capable of valuing individual diversity and responding effectively and innovatively to the challenges of contemporary society.

Competitive Projects

In 2025, 17 projects were active (11 European, 6 national)

Titolo	ID Call	Tipologia
Ageing, health literacy and digital skills through the Pandemics	PRIN 2022 PNRR	Nazionale
Better Sport Through Inclusion	ERASMUS-SPORT-2021-SCP	Europeo
Attrattività dei borghi storici tra sanniti e saraceni mediante lo sviluppo per la fruizione delle risorse storico- turistiche ed ambientali	PNRR - Investimento 2.1. “attrattività dei borghi storici	Nazionale
Developing the Capacity of sports organisations to safeguard the Rights of Children in Sport	ERASMUS-SPORT-2023-SCP	Europeo
Walk around the Earth	ERASMUS-SPORT-2024	Europeo
Promoting Value Education Through Sports – Creating Joint Actions	Erasmus KA153-YOU	Europeo
IceHearts Europe	EU4H-2022-PJ	Europeo
Integration of Ukrainian Refugee Children Through Sport	ERASMUS-SPORT-2022	Europeo
LUMEN - ScUola Migrazione E iIntegrazione	FAMI O.S. 2 - Migrazione legale-Integrazione	Nazionale
PlanetGoals	ERASMUS-SPORT-2023-SCP	Europeo
CAMBIARE - Change Again: Mothers and Babies In A Right Environment. The external implementation of sentencing for women with children	PRIN_2022	Nazionale
The Real European Sport Model	E R A S M U S - S P O R T - 2 0 2 4	Europeo
Resolving Football related Violence Among Fans for Unity and Diversity	ERASMUS-SPORT-2025	Europeo
Rose in movimento	Sport e Salute	Nazionale
Strategies for Health Interventions to Eliminate Infection related Cancers	EU4H-2024-JA-IBA-04	Europeo
Orientamento al Lavoro ed Empowerment Interregionale Legale	PON Inclusione	Nazionale
Stay - Decreasing teenage dropout in sport	ERASMUS-SPORT-2022	Europeo



Degree Programs

LINGUE E LETTERATURE MODERNE (L-11)

Curriculum Forme letterarie della lingua
Curriculum Narrazione, traduzione e nuove tecnologie



SCIENZE MOTORIE (L-22)

Numero programmato 240 POSTI



SCIENZE DELL'EDUCAZIONE E DELLA FORMAZIONE (L-19)



SERVIZIO SOCIALE (L-39)



SCIENZE E TECNICHE PSICOLOGICHE (L-24)

Interdipartimentale con Dipartimento di Lettere e Filosofia



LINGUE E LETTERATURE MODERNE PER I SERVIZI INTERCULTURALI, LA MEDIAZIONE LINGUISTICA E LA COOPERAZIONE INTERNAZIONALE (LM-37 - SERVIZI INTERCULTURALI)

Interclasse LM-37 - LM-38



LINGUE E LETTERATURE MODERNE PER I SERVIZI INTERCULTURALI, LA MEDIAZIONE LINGUISTICA E LA COOPERAZIONE INTERNAZIONALE (LM-38 - MEDIAZIONE LINGUISTICA E COOPERAZIONE INTERNAZIONALE)

Interclasse LM-37 - LM-38



SPORT MANAGEMENT (LM-47)

Curriculum Sport Events Management (40 posti)
Curriculum Management delle Organizzazioni Sportive (40 posti)



POLITICHE SOCIALI E SERVIZIO SOCIALE (LM-87)



SCIENZE E TECNICHE DELLE ATTIVITÀ MOTORIE PREVENTIVE E ADATTATE (LM-67)

Curriculum Attività fisica adattata
Curriculum Attività fisica per la prevenzione primaria e terziaria
Curriculum Scuola e insegnamento



SCIENZE PEDAGOGICHE (LM-85)



CORSI DI LAUREA MAGISTRALE A CICLO UNICO

SCIENZE DELLA FORMAZIONE PRIMARIA (LM-85 BIS) Numero programmato 150 POSTI

Interdipartimentale con Dipartimento di Lettere e Filosofia





PhD Program in Educational Models and Contexts: Sport, Inclusion, and Technologies

The Program aims to train highly qualified professionals capable of designing and implementing innovative research projects and socio-educational services within public and private organisations, fostering the development of knowledge and skills in educational research from a transdisciplinary perspective.

Internationalization

The SUSS Department strongly promotes international mobility, offering students, researchers, and faculty members continuous opportunities for growth and exchange. Through a rich network of global collaborations, the Department encourages academic mobility both outgoing—towards European and non-European universities and research centres—and incoming, welcoming young scholars and researchers from all over the world every year. For those studying at DiSUSS, this translates into the concrete opportunity to gain academic experience abroad, enrich their academic path, and develop an open, boundless vision of the future.



Library

The **Humanities Area Services Centre (CSB) – Giorgio Aprea Library** is one of the three reference points of the library system at the University of Cassino and Southern Lazio. The Library is the beating heart of university life: an open and inspiring space where students, PhD candidates, researchers, and professors meet every day. Whether you need to prepare for an exam, delve into research across the humanities, biomedical, and sports disciplines, or simply find the right focus, here you will find an ideal environment to study, engage with others, and cultivate your passions.



Third Mission / Social Impact Activities

At DiSUSS, university life goes beyond the lecture halls: the Department is a living laboratory, a point of reference for the local area, and a window open to national and international contexts. Through extensive Third Mission and Public Engagement activities, DiSUSS translates research outcomes into tangible value for society, providing students with an inspiring learning environment filled with hands-on opportunities.

Here, scientific knowledge serves the community through consulting and partnerships with public and private organisations, public outreach initiatives, and projects dedicated to promoting health, inclusion, and anti-discrimination policies. The Department's commitment is also reflected in lifelong learning and the preservation of historical and cultural heritage, carried out locally through key international research projects. Studying at DiSUSS means becoming part of a dynamic and responsible community, where academic education constantly intersects with social engagement and personal growth.



CONTACTS

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